

# Plants to attract...



Chickadees



Nuthatches



Warblers



Thrushes

American Plum



Aspen



Balsamroot



Choke cherry



Hackleberry



Maple



Milkweed



Rose



Souler's willow



Sumac



Sunflower



Thimble berry



# Bird is the Word (when it comes to helping your garden)

Few things are as frustrating as walking out to the garden and finding that some little critters have been chewing holes in your veggies. Luckily, our feathered friends can help you keep those unwelcome munchers away!

Visit [www.ebird.org](http://www.ebird.org) to report the birds that you see in your garden and help scientists learn more about these amazing creatures!



Chickadees

Eats: aphids,  
caterpillars, ants,  
earwigs, whitefly



Nuthatches

Eats: borers,  
caterpillars, ants,  
earwigs



Warblers

Eats: caterpillars,  
aphids, whitefly



Thrushes

Eats: grasshoppers,  
beetles, larvae, moths